

# Good Night OR *Good-Bye?*

## ALCOHOL POISONING

### KNOW THE SIGNS

### KNOW WHAT TO DO

If a person is vomiting

Keep from choking  
Prevent drowning in toilet  
Keep person from harming themselves

Is hard to awaken or  
has passed out

Turn on their left side  
to avoid choking on  
vomit  
Keep person awake  
Call 911

Is not breathing

Call 911  
Do CPR (if trained)

Cannot be awakened  
Has blue lips or nail beds

Call 911

★★★ **ALWAYS STAY WITH THE PERSON** ★★★

## KNOW THE FACTS

- It is illegal for anyone under 21 to purchase, consume, possess, or transport any alcohol, liquor, malt, or brewed beverages.
- It is illegal for anyone under 21 to lie about their age or to carry a false I.D. card to obtain alcohol.
- Blood Alcohol Content (BAC) continues to rise even after a person stops drinking.
- Hazards resulting from alcohol abuse include vehicle crashes, rape, sexually transmitted diseases, and accidental death due to drowning and falls.

*College Emergency #* \_\_\_\_\_

This poster was developed by...American Trauma Society - PA Division • Dickinson College • PA Emergency Nurse Association • PA Regional Network of Colleges & Universities  
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Pennsylvania Liquor  
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*Alcohol Education*

**21...It's the Law**